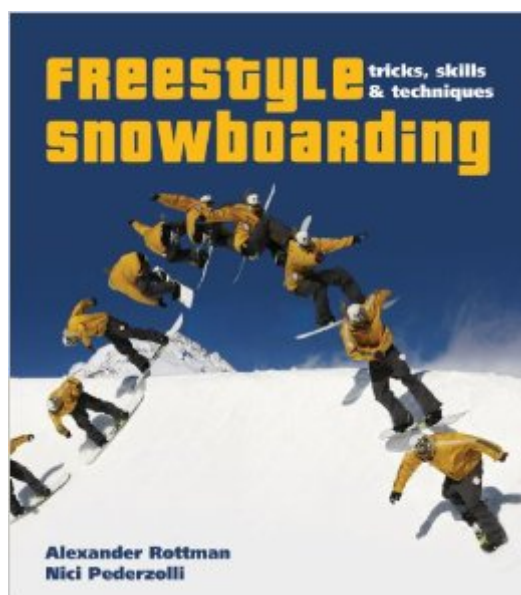


The book was found

Freestyle Snowboarding: Tricks, Skills And Techniques



Synopsis

Freestyle tricks for the more than 5 million American snowboarders who hit the slopes every season. Freestyle Snowboarding is the avid boarder's guide to the skills and stunts that earned medals for Olympic superstars Shaun White and Hannah Teter. Each technique or trick is shown in a "slow-motion" sequence of terrific step-by-step photos. Better than a brief 1-2-3 sequence, this visual presentation clearly shows the subtle changes in form that can turn a poorly executed maneuver into a precise move that ends with a perfect square landing. The book begins with a review of the basic skills, which is followed by more than 60 tricks in four sections: Flat-tricks Halfpipe Straight jump Rails and boxes Nine champion boarders demonstrate the tricks and techniques in sequential photographs, and the authors give tips on the takeoff, airtime and landing, as well as variations and how to fix common mistakes. Freestyle Snowboarding is simply the best instruction book on snowboarding tricks.

Book Information

Paperback: 160 pages

Publisher: Firefly Books (September 16, 2010)

Language: English

ISBN-10: 1554076676

ISBN-13: 978-1554076673

Product Dimensions: 8.2 x 0.5 x 9.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars Â Â See all reviews Â (1 customer review)

Best Sellers Rank: #2,326,086 in Books (See Top 100 in Books) #90 in Â Books > Sports & Outdoors > Outdoor Recreation > Snowboarding #2324 in Â Books > Sports & Outdoors > Winter Sports

Customer Reviews

This book gave me some insights into getting my board off the snow surface. Now to get out and try the suggestions.

[Download to continue reading...](#)

Freestyle Snowboarding: Tricks, Skills and Techniques Get Fit for Snowboarding: a guide to training and stretching for snowboarding SNOWBOARDING: A guide book on how to learn the extreme sports winter adventure (snowboarding games, extreme adventure, winter sports) Snowboarding

Basics: All About Snowboarding Scarne's tricks: Scarne on card tricks and Scarne's magic tricks
Everyday Charisma: Techniques for Mass Appeal, Charm, and Becoming a Social Powerhouse
(Social Skills, Communication Skills, People Skills Mastery) Swim Speed Strokes for Swimmers and
Triathletes: Master Freestyle, Butterfly, Breaststroke and Backstroke for Your Fastest Swimming
(Swim Speed Series) Swim Speed Secrets for Swimmers and Triathletes: Master the Freestyle
Technique Used by the World's Fastest Swimmers (Swim Speed Series) Swim Speed Workouts for
Swimmers and Triathletes: The Breakout Plan for Your Fastest Freestyle (Swim Speed Series)
Alpine and Freestyle Skiing (Winter Olympic Sports) Freestyle Cooking for Life: A Recipe Playbook
for Plant-Packed, Gluten-Free Meals You Love CHATTER: Small Talk, Charisma, and How to Talk
to Anyone (The People Skills, Communication Skills, and Social Skills You Need to Win Friends and
Get Jobs) Conversationally Speaking: WHAT to Say, WHEN to Say It, and HOW to Never Run Out
of Things to Say (Communication Skills, Social Skills, Small talk, People Skills) Emotional
Intelligence: 100+ Skills, Tips, Tricks & Techniques to Improve Interpersonal Connection, Control
Your Emotions, Build Self Confidence & Find Long Lasting Success! (EQ Mastery) Emotional
Intelligence: 100+ Skills, Tips, Tricks & Techniques to Improve Interpersonal Connection, Control
Your Emotions, Build Self Confidence & Find Long Lasting Success! Skills Performance Checklists
for Clinical Nursing Skills & Techniques, 8e Tricks with Your Head: Hilarious Magic Tricks and
Stunts to Disgust and Delight PokÃ©mon Go: Best Guide to Play PokÃ©mon Go. Learn All
Sneaky Tricks and Play Like A Pro. + Ways To Play PokÃ©mon Go On Your PC: (Unofficial
Pokemon Go Guide, ... Go) (Pokemon Go Secrets, Pokemon Go Tricks) Mental Card Tricks - Magic
Tricks Using the Mind to Impress and Amaze Pokemon Go: THE COMPLETE GUIDE for all of the
tips, tricks, hacks, strategies and much needed game information! (Pokemon Go Game, iOS,
Android, Tips, Tricks, Secrets, Hints)

[Dmca](#)